



Dr Sean Cowlshaw
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Biography

Dr Sean Cowlshaw is a Research Fellow in the Centre for Academic Primary Care (CAPC) and School of Social and Community Medicine at the University of Bristol. He is also a Visiting Fellow at the Centre for Gambling Research and School of Sociology at the Australian National University (ANU). Sean obtained his PhD in psychology from La Trobe University (06-09), after undertaking his doctoral studies on the impacts of trauma and work-related factors (including work-family interactions) on the families of Australian emergency service volunteers. He was employed subsequently (10-12) as a research fellow and statistician at Monash University in Australia; across healthy ageing and cognitive neuroscience units, and a problem gambling research centre. Dr Cowlshaw moved to the UK and accepted a lecturing appointment at Lancaster University in early 2013, while maintaining a visiting fellowship at the ANU. He joined the School of Social and Community Medicine at the University of Bristol in May 2014.

Activities / Findings

My primary areas of research are in the field of problem and pathological gambling, and include topics relating to gambling comorbidity and effective treatments for gambling disorders. I also have primary interests relating to family adaptation to occupational and traumatic stress, as well as influences of family and family-focussed interventions on individual mental health problems. My additional interests extend across topics relating to work-family interactions (including the interface of paid work and family and non-traditional roles such as volunteer or military reservist) and influences of such interactions on individual (eg. burnout) and organisational-relevant outcomes (e.g., turnover intentions), as well as longitudinal studies of older adults and ageing.

Keywords

- gambling
- behavioural addiction
- comorbidity
- trauma
- family dynamics
- work-family interactions

Skills

- problem and pathological gambling
- post-traumatic stress disorder (PTSD)

Methodologies

- quantitative research
- Multivariate Statistics (SEM)
- CFA/EFA

- PCA)
- multi-informant designs

Memberships

Organisations

[Bristol Medical School \(PHS\)](#)

Research groups

- [Medical Statistics in the School of Social and Community Medicine](#)

Links

-  [Centre for Gambling Research, Australian National University \(ANU\)](#)

Recent publications

- Lotzin, A, Buth, S, Sehner, S, Hiller, P, Martens, MS, Read, J, Härter, M, Cowlshaw, S & Schäfer, I, 2019, '[Learning How to Ask - Does a one-day training increase trauma inquiry in routine substance use disorder practice? Results of a cluster-randomized controlled trial](#)'. *Journal of substance abuse treatment*, vol 107., pp. 8-16
- Cowlshaw, S, Merkouris, S, Dowling, N, Rodda, S, Suomi, A & Thomas, S, 2019, '[Locating gambling problems across a continuum of severity: Rasch analysis of the Quinte Longitudinal Study \(QLS\)](#)'. *Addictive Behaviors*, vol 92., pp. 32-37
- Murphy, M, Hollinghurst, S, Cowlshaw, S & Salisbury, C, 2018, '[Primary care outcomes questionnaire: Psychometric testing of a new instrument](#)'. *British Journal of General Practice*, vol 68., pp. e433-e440
- McCarthy, S, Thomas, SL, Randle, M, Bestman, A, Pitt, H, Cowlshaw, S & Daube, M, 2018, '[Women's gambling behaviour, product preferences, and perceptions of product harm: Differences by age and gambling risk status](#)'. *Harm Reduction Journal*, vol 15.
- Cowlshaw, S & Thomas, S, 2018, '[Industry interests in gambling research: Lessons learned from other forms of hazardous consumption](#)'. *Addictive Behaviors*, vol 78., pp. 101-106
- Collins, A, Cartwright, S & Cowlshaw, S, 2018, '[Sickness presenteeism and sickness absence over time: A UK employee perspective](#)'. *Work and Stress*, vol 32., pp. 68-83
- Phelps, A, Steele, Z, Cowlshaw, S, Metcalf, O, Alkemade, N, Elliott, P, O'Donnell, M, Redston, S, Kerr, K, Howard, A, Nurse, J, Cooper, J, Armstrong, R, Fitzgerald, L & Forbes, D, 2018, '[Treatment Outcomes for Military Veterans With Posttraumatic Stress Disorder: Response Trajectories by Symptom Cluster](#)'. *Journal of Traumatic Stress*, vol 31., pp. 401-409
- Cowlshaw, S, McCambridge, J & Kessler, D, 2018, '[Identification of gambling problems in primary care: Properties of the NODS-CLiP screening tool](#)'. *Journal of Addiction Medicine*, vol 12., pp. 442-446
- Rodda, S, Merkouris, S, Abraham, C, Hodgins, D, Cowlshaw, S & Dowling, N, 2018, '[Therapist-delivered and self-help interventions for gambling problems: A review of contents](#)'. *Journal of Behavioral Addictions*, vol 7.
- Lau, W, Silove, D, Edwards, B, Forbes, D, Bryant, R, McFarlane, A, Hadzi-Pavlovic, D, Steel, Z, Nickerson, A, Van Hooff, M, Felmingham, K, Cowlshaw, S, Alkemade, N, Kartal, D & O'Donnell, M, 2018, '[Adjustment of refugee children and adolescents in Australia: Outcomes from wave three of the Building a New Life in Australia study](#)'. *BMC Medicine*, vol 16.

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