



Dr Sean Cowlshaw
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Biography

Dr Sean Cowlshaw is a Research Fellow in the Centre for Academic Primary Care (CAPC) and School of Social and Community Medicine at the University of Bristol. He is also a Visiting Fellow at the Centre for Gambling Research and School of Sociology at the Australian National University (ANU). Sean obtained his PhD in psychology from La Trobe University (06-09), after undertaking his doctoral studies on the impacts of trauma and work-related factors (including work-family interactions) on the families of Australian emergency service volunteers. He was employed subsequently (10-12) as a research fellow and statistician at Monash University in Australia; across healthy ageing and cognitive neuroscience units, and a problem gambling research centre. Dr Cowlshaw moved to the UK and accepted a lecturing appointment at Lancaster University in early 2013, while maintaining a visiting fellowship at the ANU. He joined the School of Social and Community Medicine at the University of Bristol in May 2014.

Activities / Findings

My primary areas of research are in the field of problem and pathological gambling, and include topics relating to gambling comorbidity and effective treatments for gambling disorders. I also have primary interests relating to family adaptation to occupational and traumatic stress, as well as influences of family and family-focussed interventions on individual mental health problems. My additional interests extend across topics relating to work-family interactions (including the interface of paid work and family and non-traditional roles such as volunteer or military reservist) and influences of such interactions on individual (eg. burnout) and organisational-relevant outcomes (e.g., turnover intentions), as well as longitudinal studies of older adults and ageing.

Keywords

- gambling
- behavioural addiction
- comorbidity
- trauma
- family dynamics
- work-family interactions

Skills

- problem and pathological gambling
- post-traumatic stress disorder (PTSD)

Methodologies

- quantitative research
- Multivariate Statistics (SEM)
- CFA/EFA

- PCA)
- multi-informant designs

Memberships

Organisations

[Bristol Medical School \(PHS\)](#)

Research groups

- [Medical Statistics in the School of Social and Community Medicine](#)

Links

-  [Centre for Gambling Research, Australian National University \(ANU\)](#)

Recent publications

- Cowlshaw, S, Merkouris, S, Dowling, N, Rodda, S, Suomi, A & Thomas, S, 2019, '[Locating gambling problems across a continuum of severity: Rasch analysis of the Quinte Longitudinal Study \(QLS\)](#)'. *Addictive Behaviors*, vol 92., pp. 32-37
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- Thomas, S, Bestman, A, Pitt, H, Cassidy, R, McCarthy, S, Nyemcsok, C, Cowlshaw, S & Daube, M, 2018, '[Young people's awareness of the timing and placement of gambling advertising on traditional and social media platforms: A study of 11–16-year-olds in Australia](#)'. *Harm Reduction Journal*, vol 15.
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- Phelps, A, Steele, Z, Cowlshaw, S, Metcalf, O, Alkemade, N, Elliott, P, O'Donnell, M, Redston, S, Kerr, K, Howard, A, Nurse, J, Cooper, J, Armstrong, R, Fitzgerald, L & Forbes, D, 2018, '[Treatment Outcomes for Military Veterans With Posttraumatic Stress Disorder: Response Trajectories by Symptom Cluster](#)'. *Journal of Traumatic Stress*, vol 31., pp. 401-409
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- Choi, YJ, O'Donnell, M, Choi, HB, Jung, HS & Cowlshaw, S, 2018, '[Associations among elder abuse, depression and PTSD in South Korean older adults](#)'. *International Journal of Environmental Research and Public Health*, vol 15.
- Cowlshaw, S, Nespole, E, Jebadurai, J, Smith, N & Bowden-Jones, H, 2018, '[Episodic and Binge Gambling: An Exploration and Preliminary Quantitative Study](#)'. *Journal of Gambling Studies*, vol 34., pp. 85-99
- Collins, A, Cartwright, S & Cowlshaw, S, 2018, '[Sickness presenteeism and sickness absence over time: A UK employee perspective](#)'. *Work and Stress*, vol 32., pp. 68-83

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