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Summary

Qualitative research methodology, qualitative research in trials, prostate cancer, treatment experiences, patient and public involvement in research, health inequalities, poverty and social exclusion, health services evaluation, implementation science

Biography

I am currently employed as a senior research associate and trial coordinator working on the HTA supported Best Emollient for Eczema (BEE) study.

I have extensive experience in, and knowledge of, the application of a range of qualitative and quantitative methodologies in health research gained working as a member of multi-disciplinary teams in primary care, secondary care and community settings. In particular my research has focused on four main areas:

- Health services research and evaluation
- Experiences of chronic illness and health services/treatment
- Social policy, inequalities and public health
- Patient and public involvement in research

Having successfully applied for research funding from a range of major bodies my completed work as qualitative lead includes a study exploring the feasibility and acceptability of supported exercise training for men with prostate cancer on androgen deprivation therapy (NIHR STAMINA Programme Development Grant with University of Sheffield). I have subsequently collaborated with the STAMINA research team on the development and the team is now continuing this work in a 5 year NIHR Programme Grant developing a complex behavioural intervention to be evaluated in a RCT. My role is lead qualitative research across the study work packages (commenced September 2018). I am also qualitative lead on a trial of pulsed therapy for Addison's disease and Congenital Adrenal Hyperplasia, (PULSES) where I have been exploring participants' experiences of the different treatment arms and the acceptability of long term pump treatment.

I am a co-convenor of the Excellence in QUALitative research in Trials (EQUATe) group - which is an informal forum for health researchers who are using qualitative methodology in relation to randomised controlled trials in applied health contexts: <http://www.bristol.ac.uk/population-health-sciences/research/groups/social-sciences-health/equate/>

Teaching

Qualitative research methods, appraisal of qualitative research, medical sociology, health inequalities, poverty and social exclusion

Keywords

- Qualitative research methods
- prostate cancer
- treatment experiences
- health inequalities

- poverty and social exclusion
- health services research and evaluation
- implementation science

Memberships

Organisations

[Bristol Medical School \(PHS\)](#)

Centres, collaborations and units

- [Centre for Academic Primary Care](#)

Recent publications

- Sutton, E, 2019, '[Including the views and experiences of parents and children in a clinical trial: The Best Emollient for Eczema \(BEE\) Study](#)'.
- Fahmy, E, Sutton, E & Pemberton, S, 2018, '[Understanding social exclusion: the views of the UK public](#)'. *Journal of Poverty and Social Justice*, vol 26., pp. 439-458
- Sutton, E, 2018, '[Can a programme of supervised exercise improve the quality of life of men with advanced prostate cancer?](#)'.
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- Sutton, E, Herbert, G, Burden, S, Lewis, S, Thomas, S, Ness, A & Atkinson, C, 2018, '[Using the normalization process theory to qualitatively explore sense-making in implementation of the enhanced recovery after surgery programme: "it's not rocket science"](#)'. *PLoS ONE*, vol 13.
- Bourke, L, Turner, R, Greasley, R, Sutton, E, Steed, L, Smith, D, Brown, J, Kelly, B, Hulme, C, Greenfield, D, Persad, R, Farrin, A, Hewison, J, Rosario, DJ & , 2018, '[A multi-centre investigation of delivering national guidelines on exercise training for men with advanced prostate cancer undergoing androgen deprivation therapy in the UK NHS](#)'. *PLoS ONE*, vol 13.
- Sutton, E, Herbert, G, Burden, S, Lewis, S, Thomas, S, Ness, A & Atkinson, C, 2018, '[Correction: Using the Normalization Process Theory to qualitatively explore sense-making in implementation of the Enhanced Recovery After Surgery programme: "It's not rocket science"](#)'. *PLoS ONE*, vol 13.
- Hackshaw-McGeagh, LE, Sutton, E, Persad, R, Aning, J, Bahl, A, Koupparis, A, Millett, C, Martin, RM & Lane, JA, 2017, '[Acceptability of dietary and physical activity lifestyle modification for men following radiotherapy or radical prostatectomy for localised prostate cancer: a qualitative investigation](#)'. *BMC Urology*, vol 17.
- Sutton, E, Hackshaw-McGeagh, L, Aning, JJ, Bahl, A, Koupparis, AJ, Persad, R, Martin, R & Lane, JA, 2017, '[The provision of dietary and physical activity advice for men diagnosed with prostate cancer: a qualitative study of the experiences and views of health care professionals, patients and partners](#)'. *Cancer Causes and Control*, vol 28., pp. 319-329
- Pemberton, SA, Fahmy, E, Sutton, E & Bell, K, 2017, '[Endless Pressure: Life on a Low Income in Austere Times](#)'. *Social policy and administration*, vol 51., pp. 1156-1173

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