



Dr Ruth Kipping
MA(Cantab.), MSc, MSc(Lond.), PhD, FPH

Consultant Senior Lecturer in Public Health (Programme Director for MSc in Public Health)

Office 1.09
Canyngge Hall,
39 Whatley Road, Bristol BS8 2PS
([See a map](#))

+44 (0) 117 331 4584
ruth.kipping@bristol.ac.uk

Summary

Activities / Findings

Ruth is a Consultant Senior Lecturer in Public Health within Bristol Medical School at the University of Bristol. She is Programme Director of the MSc Public Health, an Honorary Consultant in Public Health with Public Health England and Specialty Tutor for academic public health specialty registrar training at the University. Ruth is co-lead for the National Institute of Health Research School for Public Health Research programme on children, young people and families.

Ruth's research interests include obesity prevention in children, health improvement in early years and multiple risk behaviour in adolescents. She is currently involved in a number of randomised controlled trials of health improvement interventions for children and young people. Ruth is Chief Investigator for the NAP SACC UK trial in nurseries.

Memberships

Organisations

[Bristol Medical School \(PHS\)](#)

Centres, collaborations and units

- [Centre for Public Health](#)

Selected publications

- Langford, R, Jago, R, White, J, Moore, L, Papadaki, A, Hollingworth, W, Metcalfe, C, Ward, DS, Campbell, R, Wells, S & Kipping, R, 2019, '[A physical activity, nutrition and oral health intervention in nursery settings: Process evaluation of the NAP SACC UK feasibility cluster RCT](#)'. *BMC Public Health*, vol 19.
- Dias, K, White, J, Jago, R, Cardon, G, Davey, R, Janz, K, Pate, R, Puder, J, Reilly, J & Kipping, R, 2019, '[International comparison of the levels and potential correlates of objectively measured sedentary time and physical activity among three-to-four-year-old children](#)'. *International Journal of Environmental Research and Public Health*, vol 16.
- MacArthur, G, Caldwell, D, Hickman, M, Campbell, R, Langford, RM, Kipping, R, Gunnell, D & Er, V, 2018, '[Individual-, family- and school-level interventions for preventing multiple risk behaviours in young people](#)'. *Cochrane Database of Systematic Reviews*, vol 2018.
- Sebire, SJ, Jago, R, Banfield, K, Edwards, MJ, Campbell, R, Kipping, R, Blair, PS, Kadir, B, Garfield, K, Matthews, J, Lyons, RA & Hollingworth, W, 2018, '[Results of a feasibility cluster randomised controlled trial of a peer-led school-based intervention to increase the physical activity of adolescent girls \(PLAN-A\)](#)'. *International Journal of Behavioral Nutrition and Physical Activity*, vol 15.
- Wright, C, Kipping, R, Hickman, M, Campbell, R & Heron, J, 2018, '[Effect of multiple risk behaviours in adolescence on educational attainment at age 16 years: a UK birth cohort study](#)'. *BMJ Open*, vol 8.
- Lawlor, DA, Howe, LD, Anderson, EL, Kipping, RR, Campbell, R, Wells, S, Chittleborough, CR, Peters, TJ & Jago, R, 2016, '[The Active for Life Year 5 \(AFLY5\) school-based cluster randomised controlled trial: effect on potential mediators](#)'. *BMC Public Health*, vol 16.

- Cross, E, Tolfree, R & Kipping, R, 2017, '[Systematic review of public-targeted communication interventions to improve antibiotic use](#)'. *Journal of Antimicrobial Chemotherapy*, vol 72., pp. 975-987
- Kipping, RR, Smith, M, Heron, J, Campbell, R & Hickman, M, 2014, '[Multiple risk behaviour in adolescence and socio-economic status: findings from a UK birth cohort](#)'. *European Journal of Public Health*.
- Hollingworth, W, Hawkins, J, Lawlor, D, Brown, M, Marsh, T & Kipping, R, 2012, '[Economic evaluation of lifestyle interventions to treat overweight or obesity in children](#)'. *International Journal of Obesity*., pp. 1 - 8

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Recent publications

- Sebire, S, Banfield, K, Campbell, R, Edwards, MJ, Kipping, R, Kadir, B, Garfield, K, Matthews, J, Blair, P, Lyons, R, Hollingworth, W & Jago, R, 2019, '[A peer-led physical activity intervention in schools for adolescent girls: a feasibility RCT](#)'. *Public Health Research*, vol 7.

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Projects

- [Active for Life Year 5](#)
- [NAP SACC UK](#)